



BLUE HERON TRADING COMPANY, INC.
 DeWitt-Seitz Marketplace, Canal Park
 Duluth, Mn 55802 (218)722-8799
FREE PARKING • LOCALLY OWNED
 www.theblueherontradingcompany.com

HOLIDAY 2018

JOY TO OUR WORLD!

WITH ALL GOOD WISHES FOR PEACE, LOVE, AND UNDERSTANDING DURING THIS HOLIDAY SEASON AND EACH AND EVERY DAY TO FOLLOW.

CUSTOMER APPRECIATION DAY
SUNDAY, NOVEMBER 18, 2018
10:00 A.M. - 5:00 P.M.

Receive 20% off
 ONE BLUE HERON BAGFUL
 with your donation of
 non-perishable food items for the
 Food Shelf.



DULUTH WINTER VILLAGE AT GLENSHEEN
SAT., DEC. 1 & SUN., DEC. 2
10:00 A.M. - 5:00 P.M.

As December arrives, the Blue Heron and other local businesses will be busy setting up shop in rustic wooden cabins on the grounds at Glensheen. Just like the beloved Christmas Markets of Europe, this event strives to create a festive gathering place for friends and families to come together, celebrate the season, and purchase gifts from local vendors. In addition, there will be food, drink, and music along with fire pits overlooking Lake Superior. Visitors can also purchase tour tickets for Glensheen to see it decorated for the holiday season. We've had so much fun at this event the past two years and are excited to set up shop there again. Our little hut will be filled with all sorts of goodies, chosen with the season's holidays in mind. See you there!



PRODUCT TASTINGS

Stop in and see what we're sampling from our gourmet food pantry every Saturday between noon and 3:00. We have a great selection of local and imported specialty foods, so you're bound to taste something that will be perfect for your holiday entertaining and gift-giving.



IT'S A SCANDINAVIAN CHRISTMAS Stylized reindeer, snowflakes, greenery, florals, and doves of peace are arranged in perfect symmetry in classic red, white, and green in our Yuletide collection of stoneware and linens. Platters, mugs, and an assortment of cannisters are joined by jacquard table runners, napkins, tablecloths, aprons, and potholders.

ANTICIPATION From British publisher Roger La Borde, Advent calendars full of whimsy and delight. Such a fun way for little (and big) ones to look forward day by day to the Christmas holiday. And, also in the Advent department, sets of four paraffin wax candles - three purple and one pink, with a burn time of ten hours.

LEGENDARY LUMBERJACK PLAID The iconic buffalo plaid has been around for years, with all sorts of interpretations as to its origin. But, we still love it, and are happy to offer a fun line of products in all its red and black glory. Coasters, placemats, napkins, dishtowels, and stoneware mugs are joined by vacuum insulated double wall stainless steel bottles (which just happen to hold two bottles of wine) and similarly constructed stemless wine glasses and tumblers.

TOWEL ART Mary Lake Thompson continues to delight us with each new imaginative design she creates to adorn flour sack towels, napkins, cocoa mixes, soap, mulling spices, and more. Her flour sack towels are carefully packaged for gift giving and feature charming designs such as goats corralled with evergreen wreaths, snowmen in wheelbarrows, and black cats warm and cozy in Burberry scarves. Always best sellers for us!

CHRISTMAS BLING There's something for everyone in the assortment of Christmas ornaments we've chosen for you this year. From nutcrackers and gnomes to wooly farm animals and yoga Santas. Laser-cut wood poinsettias, hand-formed wire snowflakes, and Fair Trade felt birdies, pigs, and bunnies. Cardinals, finches, and Minnesota loons. Let the blinging begin!

STAY IN TOUCH The holidays are a time when we can look forward to receiving real mail from old and new acquaintances. Browse our selection of carefully chosen vintage, contemporary, and fine art Christmas and Hanukkah cards and carry on the age-old tradition of reconnecting with friends and relatives.

SEASON'S EATING

COLD WEATHER BREW

Grandpa Lundquist's traditional Scandinavian Glogg warming beverage is spiced with cinnamon, cloves, cardamom, and citrus. Ready to gently warm and drink as is or add wine or spirits. Grandpa's Apple Glogg and Christmas Soda available, too.

BOTTOMS UP! Topside Bloody Mary Blend, a recent addition to our lineup of locally made products, is made with pride just down the road in Esko, MN. We love their slogan: "Feeling down? Feeling blue? Buy some Bloody Mix and have a few!"

GINGERBREAD BRITTLE

Mother Rucker's made-from-scratch, crispy all-butter Cookie Brittle is baked with fresh creamery butter, aromatic spices, and sprinkled with crunchy bits of natural sugar.

SNAPPY LITTLE BITES

Packed in a lovely red tin for gift giving, Nyaker's Holiday Pepparkakor taste just like traditional Swedish gingersnaps. Heart-shaped, for sweethearts everywhere.

WHAT'S FOR DESSERT?

Indulge in the rich and creamy dessert known as Crème Caramel by whipping up a batch of Dr. Oetker's easy to prepare premium dessert mix. You'll be amazed at the results!

SPICY & DELICIOUS Bahlsen Pfeffernusse are little cake-like gingerbread cookies coated with a thick sugar frosting. Always a popular European holiday treat.

SO SIMPLE, SO GOOD For a quick and easy Christmas morning breakfast or a spur of the moment coffee break, Sticky Fingers Scone Mixes, with new flavors like Maple Glazed Oat or Salted Caramel.

SMALL BATCHES, MADE LOCALLY

Duluth Preserving Company's popular gift packs now come with a specially curated selection of the Blue Heron's best selling DPC preserves: Blueberry Maple, Strawberry Cranberry, and Rhubarb Cinnamon.

WITH LOVE FROM SCOTLAND

Pure butter Walker's Shortbread, in special shapes and sizes for the holidays.

MAKING SPIRITS BRIGHT

SWEATER PALS Whimsical sweater-clad deer and polar bears surrounded by scattered woodland bits and baubles adorn our Hip Holiday collection. You'll find appetizer plates, hand-painted earthenware sculpted mugs, glass tidbit plates, glazed salt and pepper sets, and stoneware double walled travel mugs.

BAKING WITH LOVE Cookie and candy making season is upon us! Honor your recipes by choosing the very best quality ingredients like those used in commercial kitchens and bakeries. We've stocked our shelves with hard-to-find items like meringue powder, pearl sugar, flavorful bakery emulsions, ammonium carbonate, pure vanilla extract, sparkling sugars, vanilla bean paste, and top-shelf baking chocolate and cocoa. And don't forget the cookie cutters... skates, mittens, snowflakes, Nutcracker ballerinas, and so many more.

MID-CENTURY DESIGN The elegant illustrations of birds, fish, and ecosystems (originally drawn for school biology books in the 1950) by American modernist Charley Harper are now part of a beautiful glassware collection designed by Todd Oldham that we are pleased to carry here at the Blue Heron. Perky red cardinals, brown bears with pink flowers, beta fish in bubbling sea water, migrating song birds, and more. Assorted sizes, made in the USA.

ONE OF A KIND TREASURES Our Fair Trade African market baskets are hand-woven in village co-ops in Ghana, West Africa. Created in colorful, assorted designs and sizes, for any use and any décor.

THE ART OF PIE With the help of Mrs. Anderson's Pie Crust Rolling Bags and Pie Crust Shields, perfectly round pie crusts with a consistent thickness and evenly browned crusts can be yours. Just add filling, bake, and serve, and get ready for oohs and ahs and pats on the back.

THE TRUEST BLUE Like the deep blue of the ripest wild blueberries, or the distinctive blue of a brand new pair of dark wash jeans, Le Creuset's newest addition to their rainbow of colors is Indigo. Available in their signature enameled cast iron, stoneware, or enamel on steel cookware.

GOURMET GIFTS From its humble beginnings at a card table in the farmer's market to its present day success as a national award-winning supplier, Stonewall Kitchen has never forgotten its goal of making simple good food, beautifully packaged and bursting with true flavor. We have a full assortment of their products, including decadent dessert sauces (like Dark Chocolate Sea Salt Caramel!), salsas and relishes (including Ghost Pepper Salsa and Spicy Corn Relish), flavorful jams and jellies (like Roasted Garlic Onion Jam or Strawberry Lemonade Jelly), sauces and dressings (Portobello Mushroom Sauce and Maple Bacon Balsamic Dressing, for example), and mixes galore for baking and cocktail brewing.

LLAMAS & HEDGEHOGS & FLAMINGOS, OH MY! Colorful graphics featuring all sorts of quirky animals decorate our Sugar Booger line of baby bibs. Made from non-toxic EVA with a cotton/nylon lining and a snap closure, and a great complement to our whimsical selection of sippy cups, spill-proof baby plates, suction bowls, and Lil' Bitty Spoons. Make mealtime happy time!

SMALL BATCH PRODUCTION New at the Blue Heron - coffee from one of Duluth's newest coffee microroasters, Almanac Coffee. Featuring seasonal, single-origin coffees from farmers around the world. At the moment we have their uniquely roasted Guatemalan and Honduran coffees on the shelf. More to come, no doubt!

BREAKFAST NORDIC STYLE Start your day with a winning combination of delicate pancakes made with our Lund's Swedish Pancake Mix topped off with a dollop of D'arbo Lingonberries. For an additional touch of sweetness, just add Lutsen's Caribou Cream award winning maple syrup.

PERFECT POTATOES With Kuhn Rikon's heavy duty potato ricer, a single stroke turns potatoes or root vegetables into mashed dishes or velvety purees. Using a ricer gently breaks the vegetables into tiny, rice-like pieces, creating just the right texture for creamy, light, and fluffy veggies. Comes with two stainless steel ricing discs.

SEAFOOD FEST Prepare and enjoy every last morsel of delicious shellfish with our array of handy seafood tools. Lobster crackers, shrimp deveiners, seafood picks, seafood scissors, oyster knives, and natural king scallop baking shells. Let the feasting begin!

How about a Blue Heron gift certificate?

SOMETHING FOR EVERYONE

WINTERGROVE Bring the outdoors in with our collection of ceramics reminiscent of a hushed winter forest. Snow-laden branches of cedar adorn mugs, canisters, and pitchers. A glazed moss green finish completes the look.

STIR, SCOOP, & SERVE Introducing our new line of environmentally-friendly coconut utensils. A sustainable alternative to hardwood, coconut wood comes from fallen palm trees that normally would have become waste. Beautifully crafted and featuring a unique speckled texture, these hard-working utensils are sure to become favorites in your kitchen.

DELICIOUS TRADITIONS As you prepare to create your family's favorite holiday treats, you'll find many of the pans and gadgets for making them right here at the Blue Heron. Krumkake irons, fattigmann cutters, rosette irons, shortbread pans, spritz cookie presses, almond loaf pans, tartlet molds, and more.

TABLE TALK Styling a tabletop, whether at the shop or at home, is something we truly enjoy doing, especially during this season of celebrations. Gathering favorite or forgotten treasures from around our homes and combining them with beautiful linens lets us breathe new life into our homes. Our shelves are fully stocked with stunning new tablecloths, napkins, and table runners, chosen by us, for you.

THE BEAUTY OF NATURE Gorgeous archival botanical illustrations of amaryllis, cardinals, pine boughs, chickadees, and evergreen trees are applied as decals to the undersides of our newest assortment of glass plates. Available in assorted shapes and sizes, to use as serving platters, soap dishes, or trinket holders.

NUMBER ONE RATED The easy-to-use Accusharp knife and tool sharpener features diamond-honed carbide blades for years of reliable use. Sharpen knives (including serrated), cleavers, axes, and even machetes.

PICK YOUR PATTERN From polka dots, pleats, and ruffles to appliqués, stripes, retro prints, and contemporary graphics, there's something for everyone in our apron selection. Festive enough for parties, but perfectly practical for getting messy in the kitchen. In child and adult sizes.

DULUTH GRILL From starters and sides to hearty entrees and condiments, the *Duluth Grill Cookbooks I and II* include recipes for many of your favorite menu items as well as behind-the-scenes stories about this family-run restaurant, their roof-top garden, local suppliers, and more.

PREMIUM CRAFTSMANSHIP FINEX cast iron cookware is designed and manufactured by a small team in Portland, Oregon, dedicated to crafting heirloom quality cookware. They've worked diligently to combine the hardworking history of cast iron cookware with modern design. Several features set these pans apart from traditional cast iron pans: a patented octagonal "multi-pour" design - effective, efficient, and just plain convenient; an ultra-polished easy release cooking surface - food simply slides off; and an ergonomic "speed cool" spring handle - easy to grip, easy to carry. Exceptional cookware, sure to be passed down from generation to generation. "Guaranteed Good Forever" warranty.

SIMPLE SOLUTION Keep cheese fresher longer with simple-to-use Formaticum Cheese Bags. Manufactured in France and designed specifically to store cheese, they are porous enough to let cheese breathe while retaining ample humidity to prevent the cheese from drying out. Just add cheese and you have a perfect hostess gift.

TORCH PROWESS The RSVP Culinary Torch lets you quickly caramelize sugar on crème brûlée and tarts without heating the filling. Features an easy on/off trigger, efficient flame adjustment lever, and safety lock. Handy for melting grated cheese, searing tomato skin, charring peppers, making s'mores, and browning meringues, too.

FOR THE LE CREUSET LOVER IN YOUR LIFE *The Cast Iron Way to Cook* features sixty-eight fresh and delicious recipes for Le Creuset's cast iron cookware. Each chapter focuses on a different piece, and includes tips on achieving delicious, healthy meals every time. This beautifully illustrated cookbook has a fully modern approach, and all the recipes make the most of fresh and readily available ingredients. Newly updated!

PUT A LID ON IT! Charles Viancin's uniquely shaped silicone lids form a 100% airtight seal on any smooth rimmed surface and will keep food fresh for longer and also seal in heat during cooking. No need for plastic wrap or foil, and no more fretting over that lost cover for your favorite pan. In colorful daisy or poppy designs, and in all sorts of sizes for all sorts of pots, pans, and containers.

WARM CHOCOLATEY GOODNESS For post-sledding warm-ups, hostess gifts, or sitting by the fireplace, Stonewall Kitchen's Sea Salt Caramel or Decadent Dutch Cocoa mixes.

STOCKING STUFFERS

EARTH FRIENDLY Juniper Blue Beeswax Food Wraps are a wonderful alternative to plastic wrap. Simply let the warmth of your hand mold the wrap into place as you cover bowls, wrap cheese and veggies, or fold them into snack bags. Made in Duluth!

CRAFT CHOCOLATES From Helsinki, Finland - Goodio Chocolate Bars, stone ground for three days in stone grinders to produce a smooth and silky consistency. Coconut (51% cacao), Wild Blueberry (61% cacao), or Mint (65% cacao). Raw, organic, vegan.

KITCHEN HELPERS Replace throwaway pot and pan scrubbers with our Skoy Scrubs, made from cotton and a food grade non-toxic hardener. In fun colors and designs, and they come clean beautifully in the dishwasher.

ON THE ROCKS Fine Bourbon and Scotch deserve better than hazy homemade ice. Pour spirits straight over our frozen Glacier Rock stainless steel cubes to keep liquor stone-cold without dilution. Sold in a set of four with a storage bag.

WINE TO GO The Opinel Corkscrew Folding Knife is the perfect picnic, travel, or camping partner. Features include five grooved spirals made of hardened stainless steel to guarantee a flawless extraction of corks plus a stainless knife blade and beechwood handle.

DAILY FIX Republic of Tea Single Sips make it easy to enjoy the benefits of healthy, organic teas and herbs on the go. Simply add a packet to hot or cold water and stir or shake. Choose from Turmeric, Daily Greens, Organic Apple Cider Vinegar, or U-Matcha.

MIKE'S HOT HONEY Mike's signature infusion of New York wildflower honey and Brazilian chili peppers creates a perfect balance of sweet followed by a slow building heat. Drizzle on cheeses, fried chicken, or BBQ, mix into cocktails and dressings, and even pour over ice cream.



THE BLUE HERON TRADING COMPANY
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Holiday 2018

IDEAS FOR GATHERING, GIVING, & CELEBRATING

Follow us on TWITTER @blueheronduluth
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ABOUT US In business since 1985, the Blue Heron is locally owned and operated by co-founder Jane Jenkins. We're located right here in your town, with friendly staff on hand to answer your questions and help you find the items you need.

FREEBIES & DISCOUNTS

We offer free parking, free gift wrapping, one free pound of coffee for every ten, bridal registry, and a 10% Tuesday discount with donations of non-perishable Food Shelf items.

CONTACT US Call (218) 722-8799 if you'd like to be added to or deleted from our mailing list.

STORE HOURS

MONDAY ~ FRIDAY 10 - 9
 SATURDAY 10 - 8
 SUNDAY 10 - 5

Our house is usually filled with family visitors during the week of Christmas, and this recipe is one I rely on for a tasty breakfast treat that I can prepare in advance. ~ *Blue Heron Betsy*

MY BROTHER'S REFRIGERATOR BRAN MUFFINS

1/2 c boiling water	1 c buttermilk
1 1/2 c whole bran cereal	1 1/4 c flour
1/2 c sugar plus 1 T	1 1/4 t soda
1/4 c shortening or butter	1/4 t salt
1 egg, beaten	

Pour boiling water over 1/2 c cereal. Cream sugar and shortening (butter). Add egg. Add rest of dry bran cereal to dry ingredients and add alternately with soaked bran and buttermilk. At this point you can store batter in covered container in refrigerator for up to 3-4 weeks, using it as needed each morning, or bake immediately in muffin tins for 20 minutes at 375 degrees. Freezes well, also.

BH



\$5 Off Any \$25 Purchase in the Zeitgeist Arts Cafe

Open for Lunch, Dinner & Weekend Brunch

222 East Superior Street, Duluth MN
 Just a 5 minute walk from Canal Park!

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